



Zone Safety Training

First Aid at Work Level 2

This course is suitable for businesses that are deemed to be 'lower risk' in line with the Health and Safety (First Aid) Regulations.

As with all our courses we can specifically tailor this course to suit your business environment, ensuring that any potential first aid requirements are covered. This course can be accredited or non accredited.

Who is the course for?

Any business or workplace that has a lower level of potential risk to their staff, e.g. an office or business with no use of machinery.

Number of candidates

Maximum number of 12

Duration of Course

6 hours.

Cost

Per course (12 candidates) at your premises - £350

Per candidate at our premises - £70 per person

Course content

- The role of the first aider
- The importance of preventing cross infection
- The need for recording incidents and actions
- Unconscious Casualty Care
- CPR
- Choking
- Wounds and Bleeding
- Shock
- Burns

Certification

All candidates will receive a certificate that is valid for 3 years.